

Kursplan Erwachsene

MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG		SAMSTAG	
Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2
NEU 9.15H - 10.15H BALLETT BASICS Best Agers 60+ Sabrina	***NEU*** 9.00H - 10.00H BALLET BARRE Jenny		***NEU*** 8.45H - 9.45H DANCE & WORKOUT Jenny					09.00H - 10.15H JAZZ DANCE II Sabrina	08.15H - 09.15H TAP DANCE I Conny		***NEU*** 9.00H - 9.45H PILATES Marion
			ab 6. Mai 2025 ***NEU*** 10.00H - 11.00H BALLET BARRE Jenny			***NEU*** 12.00H - 12.35H LUNCH WORKOUT Jenny					
										SONNTAG	
19.15H - 20.15H JAZZ BASICS Jochen	19.40H - 20.40H AFRICAN DANCE all Levels Lebogang	19.00H - 20.30H BALLETT III ab 16 Jahren/ Erwachsene Sophia	19.00H - 20.20H YOGA Claudia		19.00H - 20.00H Female Choreography ab 16 J. / Erwachsene Olly	19.30H - 21.00H BALLETT II Marion	19.30H - 20.45H JAZZ DANCE I Sabrina		19.00H - 20.00H TAP DANCE III Cornelia	11.00H - 12.30H BALLETT I Gözde	09.45H - 10.45H JAZZ II Judith
20.15H - 21.30H MODERN II/III Jochen	20.40H - 21.40H AFRICAN HOUSE all Levels Lebogang	20.40H - 21.40H MODERN BASICS Sophia	20.30H - 21.30H PILATES Michelle	20.15H - 21.45H JAZZ DANCE II/III Jochen	20.30H - 21.30H HIP HOP all Levels Judith	21.00H - 22.00H PILATES Marion		***NEU*** 20.00-21.00H MODERN I Iza	***NEU*** 20.00H - 21.15H BALLETT BASICS	12.35H - 14.05H BALLETT BASICS Gözde	