

Kursplan Erwachsene

MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG		SAMSTAG	
Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2	Saal 1	Saal 2
NEU 9.00H - 10.00H BALLET BARRE WORKOUT Jenny	***NEU*** 10.00H - 11.00H BALLETT Basics Best Agers 55+ Sabrina	***NEU*** 9.00H - 10.00H DANCE & WORKOUT Jenny						***NEU*** 08.15H - 09.15H TAP DANCE Basics / I Conny	***NEU*** 07.00H - 8.00H Early Bird YOGA Alexandra		***NEU*** 9.00H - 9.45H PILATES Marion
NEU 10.00H - 11.00H PILATES Jenny		***NEU*** 10.00H - 11.00H BALLET BARRE WORKOUT Jenny	***NEU*** 11.30H - 12.30H FLOOR BARRE / STRETCHING Attila			***NEU*** 12.00H - 12.35H LUNCH WORKOUT Jenny			09.00H - 10.15H JAZZ DANCE II Sabrina		
			18.00H - 19.15H JAZZ DANCE III ab 16 J. / Erwachsene Sophia							SONNTAG	
19.15H - 20.15H JAZZ Basics Jochen	19.15H - 20.30H AFRICAN DANCE all Levels Lebogang	19.00H - 20.30H BALLETT III ab 16 J. / Erwachsene Sophia	19.00H - 20.20H YOGA Claudia		19.00H - 20.00H Female Choreography ab 16 J. / Erwachsene Olly	19.30H - 21.00H BALLETT II Marion	18.00H - 19.15H JAZZ DANCE III ab 16 J. / Erwachsene Louisa		18.15H - 19.15H TAP DANCE III Cornelia	11.00H - 12.30H BALLETT I Gözde	09.45H - 10.45H JAZZ II Judith
20.15H - 21.30H MODERN II/III Jochen	20.30H - 21.30H HIP HOP all Levels Petra	20.40H - 21.40H MODERN I Sophia	20.30H - 21.30H JAZZ Basics Michelle	20.15H - 21.45H JAZZ DANCE II/III Jochen	20.30H - 21.30H HIP HOP all Levels Judith	21.00H - 22.00H PILATES Marion	19.30H - 20.45H JAZZ DANCE I Sabrina	***NEU*** 20.15H - 21.15 Commercial JAZZ all Levels Iza	***NEU*** 20.15H - 21.30H BALLETT Basics Michelle	12.30H - 14.00H BALLETT Basics Gözde	